

# Lunch MENU

## Starters

### SOUP OF THE DAY **V** **AGF** €6.95

(7 9) Home-Made Brown Bread (1A 7 11 12)

### PATATAS BRAVAS €8.95

Chorizo | Sour Cream | Salsa Brava | Spring Onion | Chilli Flakes (1A 1B 1D 3 4 7 9 10 12)

### TOM'S SEAFOOD CHOWDER **AGF** €9.45

(2 4 7 9 14) Home-Made Brown Bread (1A 7 11 12)

### ORGANIC FALAFEL **V** **AVG** €9.45

Toasted Sourdough | Tomato Salsa (1A 7 10 12)

### CRUMBED FISH CAKES €9.95

Panko Coated Mixed Fish Cake | Tartare Sauce | Garden Salad (1A 1B 1D 3 4 7 9 10 12)

### PAN-FRIED TIGER PRAWNS €10.95

Soy & Ginger | Burren Salad | Toasted Sourdough (1A 2 6 7 9 12)

## TOM SHERIDAN'S FAMOUS CHICKEN WINGS REGULAR €11.95 | LARGE €17.95

Double Fried & Crispy Chicken Wings | BBQ Sauce or Louisiana Hot Sauce

Cashel Blue Cheese Dip (1A 1B 1D 3 4 7 9 10 12)

**V** Vegetarian **AV** Available Vegetarian **AVG** Available Vegan **GF** Gluten Free **AGF** Available Gluten Free

All our beef is 100% Irish and we are Bord Bia approved.

## Allergens

**Cereals containing Gluten:** (1A) Wheat, (1B) Barley, (1C) Rye, (1D) Oats, (1E) Spelt; (2) Crustaceans; (3) Eggs; (4) Fish; (5) Peanuts; (6) Soybeans; (7) Milk / Dairy;  
**Nuts (Tree Nuts):** (8A) Almond, (8B) Brazil Nut, (8C) Cashew, (8D) Pistachio, (8E) Pecan, (8F) Walnut, (8G) Hazelnut, (8H) Macadamia, (8J) Pine Nuts, (8K) Praline;  
(9) Celery; (10) Mustard; (11) Sesame Seeds; (12) Sulphur Dioxide and Sulphites; (13) Lupin; (14) Molluscs

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## Sandwiches

### TOASTED HOUSE SPECIAL €9.45

Moycullen Ham | Dubliner Cheese | Beef Tomato | Red Onion | Sourdough Bread (1A, 7, 10, 11, 12)

### PLANT IT VEGGIE BITES WRAP **V** €9.95

Toasted Tortilla | Veggie Bites | Caramelised Red Onion | Mozzarella (1A 6 10 12)

### SOUTHERN FRIED CHICKEN WRAP €9.95

Toasted Tortilla | Southern Fried Chicken | Red Onion | Mozzarella | Chipotle Mayo (1A 1B 1D 3 4 7 9 10 12)

### TOM'S CLUB SANDWICH €11.95

Triple Decker Fresh Bread (Brown or White) | Chicken | Crispy Bacon | Beef Tomato | Salad Leaves | Mayo (1A 3 10 11 12)

**MAKE A MEAL OF IT!** Add **HOUSE FRIES** (1A 1B 1D 3 4 7 9 10 12) or **SOUP** (7 9) to your Sandwich €3.00

## Salads

### CLASSIC CEASAR SALAD **AV** **AGF** €12.95

Smoked Bacon | Cos Lettuce | Herb Croutons | Cherry Tomato | Red Onion | Caesar Dressing (1A 3 7 10 11)  
Add **Chicken** €3.95

### GOAT'S CHEESE SALAD **V** **GF** €15.95

Honey Infused Goat's Cheese | Baby Spinach | Cranberry Relish | Candied Walnuts  
Pears | Sundried Tomato | Balsamic Dressing (7 8F 12)

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## Mains

### SHERIDAN'S VEGETABLE CURRY **V** **AVF** **GF** €13.95

Mixed Vegetables | Turmeric Rice | Sour Cream (7 9 10)  
Add **Chicken** €3.95 *or* **Tiger Prawns** (2) €3.95

### CAJUN CHICKEN PASTA €17.95

Fusilli Pasta | Cajun Cream Sauce | Chicken | Chorizo | Mediterranean Vegetables  
Parmesan Cheese | Garlic Sourdough (1A 3 7 9 10 13)

### CHICKEN FAJITA BURGER €17.95

Grilled Chicken Fillet | Cheddar Cheese | Caramelised Red Onions | Baby Gem Lettuce  
Beef Tomato | Sourdough Bun | Slaw | House Fries (1A 1B 1D 3 4 7 9 10 12)  
Sourdough Bun | Slaw | House Fries (1A 1B 1D 3 4 7 9 10 12)

### PRIME IRISH 8oz BEEF BURGER €18.95

Cheddar Cheese | Streaky Bacon | Tom's Burger Sauce | Beef Tomato | Baby Gem Lettuce  
Sourdough Bun | Slaw | House Fries (1A 1B 1D 3 4 7 9 10 12)

### SEAFOOD LINGUINI €17.95

White Fish | Smoked Fish | De-shelled Mussels | Mixed Peppers  
Onion | Basil & Garlic Cream Sauce (1A 2 4 7 12 14)

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### CHICKEN SUPREME <sup>GF</sup> €18.95

Champ Mash | Seasonal Vegetables  
Creamy Mushroom Sauce (7 12)

### TOM'S FISH AND CHIPS €19.95

Galway Gold IPA Battered White Fish of the Day | House Fries  
Mushy Peas | Tartar Sauce (1A 1B 1D 3 4 7 9 10 12)

### PAN-FRIED FILLET OF HAKE <sup>GF</sup> €21.95

Mussel Beurre Blanc | Baby Potatoes  
Basil Vegetables (4 7 9 12 14)

### FEATHER BLADE OF BEEF <sup>GF</sup> €21.95

Slow Cooked Irish Beef | Garlic Creamed Potatoes  
Mixed Vegetables | Red Wine Gravy (7 9 12)

### 9oz RIBEYE STEAK <sup>AGF</sup> €31.95

Flat Cap Mushroom | Caramelised Red Onions | Onion Rings  
House Fries | Brandy Pepper Sauce (1A 1B 1D 3 4 7 9 10 12)

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## Sides

**BEER BATTERED ONION RINGS** €4.95

[1A 1B 1D 3 4 7 9 10 12]

**CREAMY MASHED POTATOES** **GF** €4.45

[7]

**HOUSE FRIES** €4.45

[1A 1B 1D 3 4 7 9 10 12]

**GARDEN SALAD** **GF** €4.45

[10 12]

**GARLIC SOURDOUGH** €4.45

[1A 7]

**GARLIC SOURDOUGH WITH MOZZARELLA** €5.45

[1A 7]

**SEASONAL VEGETABLES** **GF** €4.95

**SWEET POTATO FRIES** €4.95

[1A 1B 1D 3 4 7 9 10 12]

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