

Lunch MENU

Starters

SOUP OF THE DAY **V** **AGF** €6.95

(7 9) Home-Made Brown Bread (1A 7 11 12)

PATATAS BRAVAS €8.95

Chorizo | Smoked Bacon | Salsa Brava | Spring Onion (1A 1B 1D 3 4 7 9 10 12)

TOM'S SEAFOOD CHOWDER **AGF** €8.45

(2 4 7 9 14) Home-Made Brown Bread (1A 7 11 12)

ORGANIC FALAFEL **V** **AVG** €8.95

Toasted Sourdough | Tomato Salsa (1A 7 10 12)

CRUMBED FISH CAKES €9.95

Panko Coated Mixed Fish Cake | Tartare Sauce | Garden Salad (1A 1B 1D 3 4 7 9 10 12)

PAN-FRIED TIGER PRAWNS €10.95

Soy & Ginger | Burren Salad | Toasted Sourdough (1A 2 6 7 9 12)

TOM SHERIDAN'S FAMOUS CHICKEN WINGS REGULAR €10.95 | LARGE €16.95

Double Fried & Crispy Chicken Wings | BBQ Sauce or Louisiana Hot Sauce

Cashel Blue Cheese Dip (1A 1B 1D 3 4 7 9 10 12)

V Vegetarian **AV** Available Vegetarian **AVG** Available Vegan **GF** Gluten Free **AGF** Available Gluten Free

All our beef is 100% Irish and we are Bord Bia approved.

Allergens

Cereals containing Gluten: (1A) Wheat, (1B) Barley, (1C) Rye, (1D) Oats, (1E) Spelt; (2) Crustaceans; (3) Eggs; (4) Fish; (5) Peanuts; (6) Soybeans; (7) Milk / Dairy;
Nuts (Tree Nuts): (8A) Almond, (8B) Brazil Nut, (8C) Cashew, (8D) Pistachio, (8E) Pecan, (8F) Walnut, (8G) Hazelnut, (8H) Macadamia, (8J) Pine Nuts, (8K) Praline;
(9) Celery; (10) Mustard; (11) Sesame Seeds; (12) Sulphur Dioxide and Sulphites; (13) Lupin; (14) Molluscs

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Sandwiches

TOASTED HOUSE SPECIAL €8.95

Moycullen Ham | Dubliner Cheese | Beef Tomato | Red Onion | Sourdough Bread (1A, 7, 10, 11, 12)

PLANT IT VEGGIE BITES WRAP **V** €9.95

Toasted Tortilla | Veggie Bites | Caramelised Red Onion | Mozzarella (1A 6 10 12)

SOUTHERN FRIED CHICKEN WRAP €9.95

Toasted Tortilla | Southern Fried Chicken | Red Onion | Mozzarella | Chipotle Mayo (1A 1B 1D 3 4 7 9 10 12)

TOM'S CLUB SANDWICH €10.95

Triple Decker Fresh Bread (Brown or White) | Chicken | Crispy Bacon | Beef Tomato | Salad Leaves | Mayo (1A 3 10 11 12)

MAKE A MEAL OF IT! Add **HOUSE FRIES** (1A 1B 1D 3 4 7 9 10 12) or **SOUP** (7 9) to your Sandwich €3.00

Salads

CLASSIC CEASAR SALAD **AV** **AGF** €12.95

Smoked Bacon | Cos Lettuce | Herb Croutons | Cherry Tomato | Red Onion | Caesar Dressing (1A 3 7 10 11)
Add **Chicken** €3.00

GOAT'S CHEESE SALAD **V** **GF** €14.95

Honey Infused Goat's Cheese | Baby Spinach | Cranberry Relish | Candied Walnuts
Pears | Sundried Tomato | Balsamic Dressing (7 8F 12)

SMOKED SALMON SALAD **GF** €16.95

Burren Salad Leaves | Avocado Cream Cheese (4 7 10 12)

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Mains

SHERIDAN'S VEGETABLE CURRY **V** **AVF** **GF** €13.95

Mixed Vegetables | Turmeric Rice | Sour Cream (7 9 10)
Add **Chicken** €3.00 *or* **Tiger Prawns** (2) €4.00

CAJUN CHICKEN PASTA €15.95

Fusilli Pasta | Cajun Cream Sauce | Chicken | Chorizo | Mediterranean Vegetables
Parmesan Cheese | Garlic Sourdough (1A 3 7 9 10 13)

CHICKEN FAJITA BURGER €15.95

Grilled Chicken Fillet | Cheddar Cheese | Caramelised Red Onions | Baby Gem Lettuce
Beef Tomato | Sourdough Bun | Slaw | House Fries (1A 1B 1D 3 4 7 9 10 12)
Sourdough Bun | Slaw | House Fries (1A 1B 1D 3 4 7 9 10 12)

PRIME IRISH 8oz BEEF BURGER €16.95

Cheddar Cheese | Streaky Bacon | Tom's Burger Sauce | Beef Tomato | Baby Gem Lettuce
Sourdough Bun | Slaw | House Fries (1A 1B 1D 3 4 7 9 10 12)

SEAFOOD LINGUINI €16.95

White Fish | Smoked Fish | De-shelled Mussels | Mixed Peppers
Onion | Basil & Garlic Cream Sauce (1A 2 4 7 12 14)

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CHICKEN SUPREME ^{GF} €16.95

Champ Mash | Seasonal Vegetables
Creamy Mushroom Sauce (7 12)

TOM'S FISH AND CHIPS €18.95

Galway Gold IPA Battered White Fish of the Day | House Fries
Mushy Peas | Tartar Sauce (1A 1B 1D 3 4 7 9 10 12)

PAN-FRIED FILLET OF HAKE ^{GF} €18.95

Mussel Beurre Blanc | Baby Potatoes
Basil Vegetables (4 7 9 12 14)

FEATHER BLADE OF BEEF ^{GF} €19.95

Slow Cooked Irish Beef | Garlic Creamed Potatoes
Mixed Vegetables | Red Wine Gravy (7 9 12)

9oz RIBEYE STEAK ^{AGF} €28.95

Flat Cap Mushroom | Caramelised Red Onions | Onion Rings
House Fries | Brandy Pepper Sauce (1A 1B 1D 3 4 7 9 10 12)

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Sides

BEER BATTERED ONION RINGS €4.45

[1A 1B 1D 3 4 7 9 10 12]

CREAMY MASHED POTATOES **GF** €4.45

[7]

BABY BOILED POTATOES **GF** €4.45

HOUSE FRIES €4.45

[1A 1B 1D 3 4 7 9 10 12]

GARDEN SALAD **GF** €4.45

[10 12]

GARLIC SOURDOUGH €4.45

[1A 7]

GARLIC SOURDOUGH WITH MOZZARELLA €5.45

[1A 7]

SEASONAL VEGETABLES **GF** €4.95

SWEET POTATO FRIES €4.95

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